



## INFORMATION FOR MICHIGAN DEPARTMENT OF CORRECTIONS STAFF

### State of Michigan Employee Tobacco Cessation Benefits

*(Information from the Michigan Department of Civil Service).*

Information about employee tobacco cessation benefits has been provided by the Michigan Department of Civil Service. The *Employee Tobacco Cessation Benefits Grid* lists benefits by state-sponsored health plan, and provides information on departmental reimbursement, and the Michigan Department of Community Health tobacco cessation program.

Employee Tobacco Cessation Benefits [Grid](#):

Information about State of Michigan Employee Tobacco Cessation Benefits can be found at the Michigan Department of Civil Service Website at:

[http://www.michigan.gov/mdcs/0,1607,7-147-22854\\_24290\\_24417-141127--,00.html](http://www.michigan.gov/mdcs/0,1607,7-147-22854_24290_24417-141127--,00.html)

### Help to Improve Your Chances for Quitting Tobacco

*(Information from the Michigan Department of Community Health).*

On March 10, 2008, the Michigan Department of Corrections teamed up with the Michigan Department of Community Health to help *you* double your chances for quitting tobacco. **You AND YOUR FAMILY MEMBERS** will have access to the Michigan's statewide Tobacco Quitline 24 hours a day, every day of the year.

Michigan's Quitline program facilitated by the American Cancer Society is a proven, confidential, telephone-based coaching program that will support and help you stay focused on your reasons for quitting.

Tobacco use is the largest preventable cause of disease and death in the United States, and quitting is the single most important step you can make in your life.

Call 1-800-480-QUIT today!

More Information about Tobacco Cessation can be found at the Michigan Department of Community Health Website:

[www.michigan.gov/tobacco](http://www.michigan.gov/tobacco)

[Return to Tobacco Cessation in the MDOC](#)